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Sent: Saturday, April 24, 2010 4:11 PM

To: EBSA, E-OHPSCA - EBSA

Subject: Comment in support of RIN 1210-AB30

April 24, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

I support the strong rule that would forbid insurance companies from charging higher copayments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible.

As a Nurse Practitioner for that past 13 years, I have seen firsthand how prevalent mental health disorders are in this country, and seen also the sad/heartbreaking consequences of women and or their family members not having enough money and resources to effectively manage their disorders in order to experience more fulfilling, functional, happier lives. Mental health of one person effects mental health and wellbeing of hundreds around them, a true ripple effect, or devastating tsunami effect.

Sincerely,

kimberly shotz