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From: carolhedlin@gmail.com [<mailto:carolhedlin@gmail.com>]

Sent: Saturday, April 24, 2010 7:46 PM

To: EBSA, E-OHPSCA - EBSA

Subject: Comment in support of RIN 1210-AB30

April 24, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

Without parity people are less likely to get treatment, and since most mental illnesses can be treated, most of them very effectively, lack of parity is discriminatory, and deprives the individual of health and limits their ability to be engaged and contributing top the overall economy and as a fully functioning citizen

I support the strong rule that would forbid insurance companies from charging higher co-payments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible.

Sincerely,

Carol Hedlin
4015 Ridge Way
Juneau, AK 99801