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Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

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Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

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General Comment

I am writing to state my belief that that MH Parity Act should require insurers to cover EEG biofeedback, or neurofeedback for adults and children. Neurofeedback is an effective method of treating PTSD, Major Depressive Disorder, addictive disorders, anxiety disorders, dissociative disorders, ADHD and other common and disabling mental health/health problems. There has been research on many aspects of this method, and more research is in process. It is confusing that insurers state that there is insufficient research; there are medical procedures for which they do not require as much research, therefore they are applying unequal standards to mental health treatment.

I am a licensed clinical social worker with 26 years of experience. I am very excited by the quick and profound changes my clients have experienced through neurofeedback. I work at an internationally respected agency, The Trauma Center at JRI in Massachusetts, where we use neurofeedback and are beginning to research protocols. I also am affiliated with the Neurodevelopment Center in Rhode Island, where I am in an internship on neurofeedback, and I have a private

practice in Boston. In all settings, the lack of insurance coverage is an obstacle to many clients having access to this effective therapy.

Sincerely,

Janice Stubblefield-Tave, MA, LICSW, ACSW