

PUBLIC SUBMISSION

As of: May 28, 2009 Tracking No. 809ad4bf Comments Due: May 28, 2009

Docket: IRS-2009-0008

Request for Information for Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

Comment On: IRS-2009-0008-0001

Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

Document: IRS-2009-0008-0015

Comment on FR Doc # E9-09629

Submitter Information

Name: David G Beeman

Address:

Des Moines, IA,

Submitter's Representative: Boswell

Organization: Innovative Learning Professionals

General Comment

I am a psychologist of nearly 20 years. In the past 5 years I have begun to utilize neurofeedback in my practice to address primarily ADHD but also some other conditions. Consistent with the research, I have found the technique to be highly helpful for a number of people. Importantly, I have found side effects to be minimal. Consistent with what many parents desire, it can be an effective nonmedication treatment that is well supported by research. I think that it should be included in the parity regulations. Other uses of neurofeedback are also effective, but the research is not as advanced.

In addition, I would recommend that the use of the Alpha-Stim device be included in the parity regulations. The Alpha-Stim is FDA approved for insomnia, depression, anxiety, and pain. Yet most insurances, apparently also government plans, do not cover the device. Given that it is FDA approved, it should be included under parity regulations, else the bias toward psychopharmacological treatments is both evident and unacceptable. Similarly, light therapy approaches to Seasonal Affective Disorder should be included as well. Further, insurance should pay what is required to obtain the device or have the same deductibles for other medical equipment.

Thank you for your consideration to my comments.