

# PUBLIC SUBMISSION

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Interim Final Rules for Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services Under the Patient Protection and Affordable Care Act

**Comment On:** EBSA-2010-0018-0002

Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services under Patient Protection and Affordable Care Act: Amendment

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## General Comment

"Pregnancy is not a disease, and drugs and surgeries to prevent it are not basic health care that the government should require all Americans to purchase. Please remove sterilization and prescription contraceptives from the list of "preventive services" the federal government is mandating in private health plans. It is especially important to exclude any drug that may cause an early abortion, and to fully respect religious freedom as other federal laws do. The narrow religious exemption in HHS's new rule protects almost no one. I urge you to allow all organizations and individuals to offer, sponsor and obtain health coverage that does not violate their moral and religious convictions."

I feel that my rights as a woman and as a person are being violated. When has health care ever been forced or mandated on anyone. Health care is not a right it is a privledge. As a woman and person, I do not want to be told how to care for my body and then be forced to carry or support Insurance that does. Pregnancy is not a disease to be "prevented". It is a life that is formed from the moment of conception. I do not support this health coverage as a nurse, woman, or person. Please get rid of it! Thanks!

Mary Kate McAdams RN